



**ASBURY**  
United Methodist Church

A FUTURE AND A HOPE:  
TO LISTEN, GROW, AND LOVE WITH GOD

# THE MESSENGER

**September 2022**

Dear Friends,

“Take two.”

When I did a Google search on this idiom, I got all sorts of unexpected answers—including an answer that argued that it wasn’t really an idiom. Most of the answers connected the phrase to musicians’ jargon, meaning to “take a break.” It could also be “take five” or “take ten.” Some people claim it means to take two aspirin, Valium, or even Alka-Seltzer. (“Plop, Plop, Fizz Fizz, oh, what a relief it is . . .”)

This first sermon series I’ve chosen to preach on the themes covered in Emotionally Healthy Spirituality, a book and study by Peter Scazzero. One of the primary themes of the study is that for most of us, our lives are filled with so much noise and so many distractions that we can’t hear God, others, or even ourselves. To help combat this, Scazzero suggests taking a two-minute pause at least three times a day. Set your kitchen timer or that clock app on your phone for two minutes, turn everything else off, and sit in silence.

Do this in the morning. Do it at noon. Do it in the evening.

I like to think of it as a devotional “take two.” Two minutes to do the first step in the Asbury Discipleship Journey: listen.

Blessings,  
Tom Vansant

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### Current Sermon Series—*Emotionally Healthy Spirituality*

In this series we are exploring how to develop a personal relationship with Jesus so that we can discover how to:

- Confront the Crisis of Emotionally Unhealthy Spirituality
- Know and Become Your Authentic Self in Christ
- Discover How Your Family of Origin Affects You Today
- Find Your Way Through "Walls" to Grow into Maturity
- Enlarge Your Soul Through Embracing Grief and Loss
- Integrate Silence and Sabbath to Slow Down for Jesus
- Grow Into an Emotionally Healthy Adult

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**Sep 4** - #4: Journey Through the Wall - Luke 14:25-33

**Sep 11** - #5: Enlarge Your Soul Through Grief & Loss - Jeremiah 4:23-28

**Sep 18** - #6: Discover the Rhythms of Daily Office - 1 Timothy 2:1-6

**Sep 25** - #7: Grow into an Emotional Maturity - 1 Timothy 6:11-19

			Asbury Staff		
Lead Pastor	Tom Vansant	Worship Band Leader	K.I. Emmanuel	Nursery Coordinator	Susan Lamy
Administrative Assistant	Julia Machin	Student Ministries	Leon Johnson	Pianist & Organist	Teresa Kays
Music Director	Kathy Love	Community Outreach	Linda Adams	Gifts That Count	Jim Wilson

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Springfield, MO 65807

www.asburyunitedmethodist.org  
Church Email: asburyumc@sbcglobal.net

Pastor's Email:

thomasavansant@gmail.com

The office is open Monday — Thursday  
9:00 AM – 2:00 PM

### Lunch Bunch



Lunch Bunch will be meeting on  
**Thursday, September 8, at 11:30 am.**  
This month their choice of restaurant is  
Springfield Family Restaurant at 2222 S Campbell  
Ave. **Please note the change of location; the  
restaurant originally chosen is no longer in  
business.**

### Another Asbury Adventure! Sat Oct 1

#### *A Grand Night for Singing* The Lyceum Theatre - Arrow Rock, MO

Plans are underway for another Asbury  
Adventure. Watch more details to come!

### Check It Out!



I'm definitely a person who prefers reading to  
watching a screen; however, after reading the  
titles of all of those DVDs Asbury has collected I  
decided to view one!

I chose to watch A Grace-Full Life, a series of four segments  
(each one 11 to 14 minutes in length) by Jorge Acevedo and  
Wes Olds, pastors of Grace Church, a multi-site UMC in  
southwest Florida.

The sessions are 1. Even There: God's All-Reaching Love—or  
what we know as Prevenient Grace; 2. Even Now: God's Soul-  
Saving Love—Justifying Grace; 3. Even More: God's Character-  
Shaping Love—Sanctifying Grace; 4. Even When: God's Never-  
Ending Love—Glorifying Grace.

These were very informative and interesting; each pastor  
shared some very personal examples. More importantly, as  
the viewer gains in understanding of God's grace I think many  
will really experience God's amazing transformative grace.

### 2022 Mission/Vision Team

Janice Greene: Mission/Vision Chair

Threasa Ballenger: Lay Leader

Kimberlea Gray: Recording Secretary

Susan Conover: Member At Large

Amy Langston: Member At Large

Amy Meriweather: Member At Large

Renee Mikkelsen: Member At Large

Bill Love: Finance Chair & Lay Member to Annual  
Conference

Carol Daniel: SPR Chair & Treasurer

Chuck Ewy: Trustees Chair

Glenda Hefty: Education Chair

Kathy Love: Worship Chair

Ruth Spargo: Hospitality Chair

Sheryl Hill: Mission Springfield Chair

Jay Polchow: Accounts Reconciler

## PRAYER REQUESTS

Dennis Baier, Don Louzader, Linda Adams & family, Leon Johnson, the family of Pansy Bingham, Nicole Johnson, Barbara Davidson, Marlene Garling, Kay Keltner, Del Peck, Daniel Vansant, Alice Stehle, Peggy Fuge, John Bingham, George Sly, Gene Day, Janet Bowman, Teresa Kays, Ron Garling, Clark Mikkelson

All prayer concerns will be listed for one month unless otherwise notified.

### Those we hold in loving care who are homebound or limited in their transportation:

Ann Marsh, Barbara Davidson, Bob Drake, Cleo Huffman, Dixie Wooters, Gary Metcalf, Joy Whitescarver, Kathy White, Kay Keltner, Marjorie Pettit, Marlene Jones, Nicole Johnson, Peggy Fuge, Sharon Coomer, Shawna Allen, Virginia Salvog, Warren Meadows

### Serving our country:

Cameron Cox

## September Birthdays

- 02 Bob Johnson
- 04 Anne Marsh
- 05 Susan Conover
- 07 Marjorie Pettit
- 11 Patti Blanton  
Jeanette Williams
- 12 Dan Scott
- 13 Karla Gregg
- 14 Cleo Huffman
- 17 John Fox
- 18 Threasa Ballenger  
Walter Boyts  
Steve Collum
- 19 Teresa Kays
- 20 Eugene Inman
- 21 James Blanton  
Kevin Long
- 27 Lisa McKnight
- 30 Chuck Gregg



### September 1

Mission Springfield  
SPR Committee

### September 2

PSHP Teacher Meetings

### September 5

Labor Day → Office Closed ←

### September 6

Staff Meeting  
UMW Planning Meeting

### September 7

Bell Choir Practice Resumes  
Chancel Choir Practice Resumes

### September 8

Lunch Bunch  
Mission/Vision

### September 9

PSHP Classes Begin

### September 10

UMM Meeting  
UMW Meeting

### September 11

One Heart in Christ

### September 13

Trustees

### September 17

ShareFest @ Hood UMC

### September 20

Worship Committee

### September 21

Crosslines Day

### September 24

Jarrett Prayer Walk

### September 26

Creation Care Team



Mission Springfield would like to thank all those who donated to Jarrett. We made our goal on colored pencils and folders, gave them lots of pencils (over 1000), and with the monetary donations were able to make our goal on the three ring binders.

### TOPS



Take Off Pounds Sensibly is for: Weight-Loss Support, Lose Weight, Proven Effective and Low-Cost - Membership Fee is \$32 + tax, Dues are \$5.00 per month. For more information please contact Sandy Chamberlain via the church office.



### Power of Love

Our Power of Love collection for September will be for Newborns in Need. When a child is born into a needy family, they may only have a shirt and diaper to leave the hospital. When they arrive home, if there is a home, there may not even be a warm blanket or quilt to wrap them. Newborns in Need changes that scenario. They are there serving all God's children.

Their needs are:

- Sleepers, Gowns, Undershirts (NB, 0-3 months), Onesies
- Bibs, Burp cloths, Booties, Socks, Hats
- Receiving Blankets, Quilts, Baby Shampoo
- Pacifiers, Small Toys, Bottles, Diapers (NB & Premies), Wipes
- Baby Print Fabrics, Flannel, Fleece, Cottons, T-shirt Knit
- White Copy Paper, Cardstock, Pencils, Markers, Stamps
- Gift Cards to Walmart or Target, or monetary donations

If you would like to make a financial donation, please make sure checks are written out with Power of Love in the memo line. Gifts can also be given online on our giving page under the Power of Love project.

### Love Worship? Help Make It Great!

Are you excited to be back together in worship? As we add more components back to our worship experience, we are in need of more people to help make it a meaningful worship experience for all.

Greeters: Contact Ruth Spargo

Scripture Readers/Liturgists: <https://www.signupgenius.com/go/8050a4babaf28a1fd0-liturgy> (or contact office)

Communion Servers: <https://www.signupgenius.com/go/8050a4babaf28a1fd0-20211>(or contact office)

Ushers: Contact Dan Scott



### Asbury Autumn Vintage & Craft Bazaar Saturday, October 15—9:00 am to 3:00 pm



Our Fellowship Hall will be filled with a variety of vendors of handmade items and vintage treasures in support of our church's Altar Fund. The UMW will be selling fresh baked cinnamon rolls that morning and will offer boxed lunches for sale. **The Creation Care Team will be hosting a Used Book Sale (book donation details to follow).** You can buy chances for a raffle for a beautiful handmade lap quilt or custom designed Father Christmas.

A special preview sale will be offered for church members and invited friends on Friday evening, October 14th from 6:00 to 7:30 pm. Bring a friend & join the fun in your chance to see all the goodies for sale before we open to the public!

Volunteers are still needed to act as greeters & to work at the raffle booth. See the church office to get involved!

## Financial News

As of 07/31/2022\* :

**Contributions for July:** \$25,184  
**Contributions Budget:** \$19,836

**Contributions YTD:** \$129,422  
**Budget YTD:** \$138,853

**Other Income (Church Use, etc.) YTD:** \$13,420  
**Other Income Budget YTD:** \$11,066

**Expenses YTD:** \$134,383  
**Budget YTD:** \$163,739

**Apportionments Paid YTD as of 7/31/22:** \$0

**Apportionments Budget:** \$17,187

\*Updated numbers for the monthly newsletter are not always available until after it is published. Contact Bill Love if you have any questions - full reports are posted online.

Those Serving  
This Month



**Accompanist:** Teresa Kays

**Band Leader:** K.I. Emmanuel

**A/V:** Steve Collum, Bill Love

**Readers:** Kimberlea Gray, Mary Blumhost, Janet Bowman, Ruth Spargo, Nancy Lollar

**Greeters:** Joan Wilson, John Fox, Judy Fox, Judy Clements, Sheryl Hill, Suzanne Boyts, Janice Greene, Fred Marshall, Marsha Marshall, Threasa Ballenger

## Chrysanthemums!

Orders are being taken for fall mums to decorate the altar for World Communion Sunday on October 2nd. The mums are \$10 each. Orders will be taken until Sunday, September 25. Mums can be purchased in honor of or in memory of someone or can be given to the Glory of God. If you don't want to order, you may make a donation to the Altar Fund. These are hardy mums that can be planted directly in the ground to come back for seasons to come. Order blanks are in worship service bulletins or in the church office.

## Connection Information

### Worship:

On Asbury Live! at <https://live.asburyunitedmethodist.org>

By landline or smart phone: (312) 626-6799, Meeting ID: 881 355 241, Password: 01 76 46

### Seekers Sunday School Class 9:15am:

<https://us02web.zoom.us/j/362387558?pwd=dWxzZ1NWVnMQQjZyWmRIWVExUERnQT09>

By landline or smart phone: (312) 626-6799, Meeting ID: 362 387 558, Password: 06 82 81

### YAX Sunday School Class 9:15 am:

<https://us02web.zoom.us/j/81441987496?pwd=aVlIVFFaTnJHVjl3ZWFTRUthbzIVQT09>

By landline or smart phone: (312) 626-6799, Meeting ID: 814 4198 7496, Password: YAX

### Monday Evening LYF Group, 6:30pm:

<https://us02web.zoom.us/j/613309770?pwd=Rm9UTGtTNXFHaFRWWW9gcVBDSUJkUT09> or call (312) 626-6799,

Meeting ID: 613 309 770, Password: 07 35 82

## UMW/UWF News

All are invited! Janice Greene will present the program at the UMW/UWF meeting at 9:30 am, Saturday, September 10. Her topic relates Being "Green" to her theme of making choices.

A great opportunity for United Methodist Men: come earlier for the UMM meeting, then enjoy Janice's program.

### CALENDAR:

UMW Planning Meeting, September 6—at Asbury—6:30

Meeting, September 10—at Asbury—9:30

Naomi-Ruth Circle, September 12—at Asbury—7:00

UMW/UWF Conference Meeting, September 23-24—at Jackson, MO (McKendree Chapel)



All are invited to join in our wonderful music ministry at Asbury! Come enjoy the fellowship and music making in any of the following groups as we kick off the fall on September 6 and September 7:

Alabaster meets on Tuesday evening at 6:30. Contact KI Emmanuel for more information.

Asbury Bell Choir meets Wednesday evening at 6:15. Contact Kathy Love for more information.

Asbury Chancel Choir meets Wednesday evening at 7:00. Contact Kathy Love for more information.



I want to thank everyone who planned, attended, and was gracious enough to get gifts for Jamie and me this past weekend. This church has shaped much of who I am today and I'm grateful to know each and every one of you. Thank you for your generosity and blessings.

Lizzie Collum

Hello,

I want to thank you for allowing us to vote at your church. I am glad to see that your church is doing this. I am a disabled US Army veteran, and some actions speak very loudly to me.

Also, this time, someone was handing out cookies and water on this hot day. I rode a bicycle to vote, so the water was very appreciated.

Thank you for sharing your building.

"E. H."

(A neighbor of Asbury)

### Trunk or Treat Date Changed

Please note that the date of this year's Trunk or Treat has been shifted to **Saturday, October 29**, from 4:00 to 6:00 pm.

*To avoid identity theft and spamming, no personal contact phone numbers and email addresses are published in this newsletter. If you would like to reach out to someone who is listed, please contact the office and we will help you.*